



the first button

the second button

Product Features

- 3D Tri-Axi Sensor**
(seize the small movement, step calculation more accurate)
- Free transform for the step calculation**
(Humanization design, one-time step calculation, as well as 24 h ours step calculation, shift as you wish)
- Time/Date**
(Manual setting for the time/height/weight)
- Calorie、Distance**
(Can check the motion information in the bracelet)
- Motion data memory**
(Bracelet keeps the motion data for 24 hours, eliminate automatic ally by zero hour,intelligent and worry-saving)
- Silent Alarm Clock**
(can operate the setting on the bracelet, no complicated handle on the App)
- Stopwatch**
Use the bracelet to do the timekeeping, the motion/distance/ time can be clearly seen
- Bracelet is with the USB interface**
(Can be used once charged, very convenient)
- Li-polymer charging battery**
Li-polymer lithium battery is safer, longer life span)

Take the watch core

Remove the watch core from the strap

The long strap holds down the watch core and does not move

Pull the short strap

micro USB charging port,use usb cable to connect for charging

WARM TIPS

The correct operating method can quickly remove the watch core and is not easily damaged.

Charging diagram

CHARGING

Module can be charged by either plugging into your PC USB port or USB power adaper

Correct charging method

Wrong charging method

WARM TIPS

- When you receive a watch that is out of battery, please charge it for 1 hour.
- Please confirm that you are inserting in the correct direction, otherwise it will not charge. When plugged into the USB port, the blue light on the watch flashes to indicate successful charging, and the blue light stops flashing to indicate charging is complete.
- Avoid using high-power charging heads. It is recommended to use 1A-2A charging heads to extend the lifespan of the watch.

Install

- Insert the watch core USB plug into the strap in this direction, with the USB plug facing towards the strap hole.
- After inserting the plug into the watch strap as shown in the picture, gently pulling the strap can fully insert the watch core into the strap.
- After installation, as shown in the figure below, if the strap cannot be inserted, simply gently push the strap to manually guide and complete the installation. As shown in the picture, it is the correct installation.

Basic Operation

Press UP Button one time indicate Time 2 times indicate steps 3 times Distance 4 times Calorie 5 times Alarm clock

(It will display the date automatically after 3 seconds time display.)

Check the Remaining Power:

When the screen is not displayed,long press(Long Press means Press and hold) UP buttonto get thecurrent remainingcapacity of the device.

Time: Short press UP button one time to get the time displayand thenwait 3 seconds to get the date display.

Enter into stopwatch mode:
Short press UP button 1 time to enter into timeindication status, then long press UP buttonto start stopwatch. Press UP buttonto start or pauseit, long press UPbutton to exit stopwatch.

Number of steps: short press UP button 2 times to check current number of steps.

Distance: short press UP button 3 times to check current distance.

Calorie: short press UP button 4 times to check current Calorie.

The first group alarm clock:
short press UP button 5 times to get the display.

Basic Operation

Adjust time, date and year,12/24 hour mode:
Short press UP button once to enter time display status,then long press DOWNbutton for 3 seconds to enter time adjust mode when screen flashes with "time". Press UP and Down button to adjust the number, then long press DOWN button for 3 seconds to switch among Minute-Date-Month-Year-12/24 hour mode.

Reset number of steps:
Short press UP button 2 times to enter into step number indicationmode, then long press UP button for 3 seconds to clear current step number and reset the step number.(Sports watch will reset step number of the same day automatically at 24:00.)

Adjust height and weight:
Short press UP button 2 times to enter into step numberindicationmode,then long press DOWN button for 3 seconds to adjust height when screen flashes with "height". Press UP and DOWN button to adjust number, then long press DOWN button and switch to weight adjust mode.

Adjust the first group of alarm clocks:
Short press UP button 5 times to display A1OF alarm clocks,longpressUP button for 3 seconds to start alarm clock 07:00. Long press UP button to close displayA1OF.(When the alarm clock is open,long press UP button till screen flashes with "hour" to adjust time. Press UP and Down button to adjust number. Long press DOWN button for 3 seconds to adjust minute.)

Product Parameters

Material	environmentally friendly silicone
Display screen	LED display screen
Charge mode	USB
Supply voltage	DC=5V
Battery capacity	65mAh
Pedometer	G-sensor
Step calculation precision	±5%
Number of step displayed	No upper limit
Mode of vibration	Flat motor 10*2mm
Weight	28G (Subject to the real object)
Overall dimensions	245 (L) *35 (W) *9mm (H) (Subject to the real object)
Operation atmospheric pressure:	atmospheric pressure

Item view



Item view



Distance

Calorie

Time

Step number

Alarm clock

WARM TIPS

- Watches can be worn for swimming (recommended for swimming pools), please do not wear watches for deep-sea diving.
- To extend the lifespan of the watch, if you sweat while swimming or exercising, please remove the watch core in a timely manner to clean any water droplets or sweat on it.
- The applicable water temperature is below 30 degrees, but it is not recommended to press the button in water, otherwise it may cause the watch to enter water and shorten its service life.

No need to download the APP

No need for smartphone connection